

Dynamic Embodiment – Somatic Movement Education & Therapy Training DE-SMTT

founded by Dr. Martha Eddy - Dynamic Embodiment Practitioner, MFLCI, CTBMD, CMA, RSMT,
Ed.D., Licensed Teacher of Body-Mind Centering®



DE APPLICATION PROCESS & TUITION GUIDELINES

Dynamic Embodiment – Somatic Movement Education & Therapy Certification Program (DE-SMTT) 2023 – 2025 Program

1. Application Details

The DE-SMTT Certification Program is a 2 year training program to prepare you to become a Somatic Movement Educator and/or Therapist, or a Dynamic Embodiment Coach. If you are interested in working as any of the above and/or becoming a Registered Somatic Movement Therapist (RSMT) or Educator (RSME) trained in the Dynamic Embodiment movement system, then we invite you to apply to our program.

The DE-SMTT APPLICATION must be submitted by September 15, 2023 for the 2023-2025 program. If you would like to join this year's DE-SMTT Cohort, beginning in October of 2023 and ending in August of 2025, then please submit your application.

APPLICATION form and application details can be found [HERE](#).

Before you apply... Please read this document thoroughly as it contains all the information you need about program deadlines, pricing and enrollment. Should you have any further questions AFTER reading this document, we welcome you to then submit an inquiry via email to: officeofmarthaeddy@gmail.com. You may also attend one or more of our periodic Question and Answer (Q&A) sessions this summer.

First Step - It's important to make sure you meet these qualifications for acceptance when applying to the program:

- You must have 200-300 hours of previous training in ISMETA registered/approved training programs. This means that your previous training programs were taught by a Registered Somatic Movement Therapist or Registered Somatic Movement Educator AND their training programs are registered through ISMETA.

- You must have in-depth knowledge in at least one of the following movement centered practices: Body-Mind Centering, Laban Movement Analysis, Bartenieff - or a combination of these systems, or in other qualified Somatic Movement systems (Alexander, Continuum, Feldenkrais, Global Somatics or any other ISMETA registered program).

*If you need more training hours, we offer Somatic Theory Courses that can help you accumulate the required hours needed to qualify for acceptance into the DE-SMTT program. Please see our guide for current class offerings [2023 Somatic Theory Course Opportunities Guide](#) and check frequently on our [WORKSHOPS](#) page on our website for prerequisite course dates. If you have no prior somatic movement education or certifications our “Prerequisite Somatic Theory Courses” are a good way to start your educational journey.

Free Q&A Sessions with Program Founder, Dr. Martha Eddy & Faculty

We invite you to attend a FREE informational Q&A session about the DE-SMTT Program with program founder, Dr. Martha Eddy or one of the senior faculty members, to see if this program is a good fit for you. Please see below for the upcoming Q&A schedule and then register via our website calendar at: dynamicembodiment.org/calendar.

Q&A Sessions:

Thursday, May 18 @7pm EST

Saturday, June 3 @10am EST

Wednesday, July 5 @1:30pm EST

What to Expect in the Application - How Can I Prepare?

The following outlines our application process - think about these topics in advance to save you time filling out our Google Form.

Section 1: Contact Information + Emergency Contact Information

Section 2: Personal Motivation Statement (Why are you interested in participating in the DE-SMTT program? What are your goals?)

Section 3: Prerequisite Somatic Theory Coursework Information and other Certifications. (Provide details of previous training in: Bartenieff Fundamentals, Body-Mind Centering Body Systems/Embodied Physiology, Body-Mind Centering Developmental Movement, Laban Movement Analysis /Movement Observation, Developmental Movement; Learning to Move; Basic Neurodevelopmental Patterns, and other somatic movement trainings.)

Section 4: Teaching Experience (Describe previous experiences teaching movement.)

Section 5: Identifying Your Network and Resources (What facilities and resources do you have access to/will you need, accessibility needs.)

2. Application Deadlines & Enrollment

Application Deadlines

Early Bird Deadline: June 15, 2023

June 15, 2023 is the Early Bird deadline to receive \$400 off of your DE-SMTT tuition. To get the full discount you must pay in full by June 25, 2023. Your Early Bird status grants you access to DE WORKSHOPS during the Summer Intensive 2023; a HYBRID - online and in-person - Dynamic Embodiment Training Intensive in Salt Spring, British Columbia from July 13-17, 2023.

Regular Application Deadline: September 15, 2023

September 15, 2023 is the regular deadline to apply for the DE-SMTT Program at the full cost of tuition.

Late Applications: After September 15, 2023

Late applications are accepted until October 15, 2023. A \$100 Late Fee will be charged if you apply after September 15, 2023.

Enrollment

Shortly after you submit your application, you will receive an acceptance letter OR a letter with recommendations on how to prepare for future re-application if you aren't accepted at this time.

Included in your acceptance letter will be a:

- **Financial and Enrollment Agreement:** agreeing to DE-SMTT enrollment under the terms and conditions outlined in the DE Application Process and Tuition Guidelines 2023-25 document and agreeing to a payment plan.

Return your **Financial and Enrollment Agreement** form completely filled out and signed in all places AND submit your **\$500 Deposit** to complete your enrollment.

*Please Note: Any acceptance letter that is not completely filled out or signed in every required signature section will not be considered complete and therefore your enrollment status and place in the program will not be confirmed. Likewise, if the deposit is not received by the deposit due date, your application and enrollment will also be considered incomplete and your place will not be held.

*Please note: Martha Eddy holds the right to accept only those students with whom she has had direct phone, Zoom, or in-person contact with and that she deems ready for the program. The applicants must have satisfactorily completed the required prerequisite hours and have approved prior experience in somatics and/or movement. If you have any questions you can email our offices directly at: officeofmarthaeddy@gmail.com.

3. Tuition, Deposit, Discounts & Fees

Tuition

DE-SMTT Tuition = \$7,900

This Tuition includes:

- \$500 Deposit (Required to hold your space, complete your enrollment and to join classes)
- 23 Months (from October, 2023 - August, 2025)
- 60 Hours Total of Monthly Classes on Sundays
- 140 Hours of Workshops & Intensives - (you may take any and all of the DE workshops or DE intensives offered during your 24 month program - take as many as you like or repeat as needed - as long as it is within the 24 month period.)
- What you will learn: (Content) Somatic Theory, Physiology, Social Justice, Eco-somatics, Hands-on Somatic Movement Therapy Techniques + Marketing/ Developing your own DE Practice, and more.
- Course Materials & DE-SMTT Manual
- Access to Video Library & Learning Platform (Classes, Workshops, Intensives, Asynchronous Content)
- Access to our Community Board & Community Chat Rooms
- Homework & Assignment Review
- Final Assessments, Personal Guidance & Feedback
- Educational Preparation to Register with ISMETA (International Somatic Movement Education & Therapy Association)
- BONUS: 3 FREE BodyMind Dancing Classes

*In special cases, the DE-SMTT program may be completed in 14-18 months as an Accelerated Learning Program. Please note that you MUST have at least 350 hours of previous Somatic Movement Training/ Certification in a recognized Somatic Movement methodology to be eligible for this special option. If you are interested in accelerated learning of DE-SMTT, then you must - #1) Get Director's Approval BEFORE the program begins; #2) Your request must be noted on your enrollment form or made in writing prior to September 1, 2023; #3) You will be required to meet with Martha or one of the Senior Faculty members to discuss your educational and certification goals in order to lay out your specialized accelerated learning program BEFORE the program begins. If you meet all of the requirements the program fees will be adjusted according to the amount of time it takes you to move through the program.

*Please note: Graduation is contingent upon the completion and accumulation of 500 hours of training with RSMTs and completion of all: DE homework assignments, research assignments, group presentations and study group hours.

*Please note: Graduation is not possible until your tuition and all fees are paid in full.

*Please note: Housing during Intensives is not included in the Tuition. Students are encouraged to book housing together and share housing costs where possible. All housing will be at your own expense.

*Please note: You will need to have 10 hours of Somatic Movement Therapy Sessions to complete the program. These sessions must be with an RSMT (Registered Somatic Movement Therapist through ISMETA) and will be at your own expense. You can check the ISMETA website for RSMTs in your area or RSMTs who work online.

DEPOSIT

The \$500 Deposit is included in the tuition total and is paid at the time of Enrollment into the program (upon receipt of your acceptance letter.)

DISCOUNTS & FEES (only one discount can be applied at a time)

- **Early Bird Pay in Full Discount** = \$7,500 TOTAL Tuition
Discount - \$400
Application Deadline: June 15, 2021
\$500 deposit due by: June 25, 2023
- **Pay-in-Full Discount** = \$7,600 TOTAL Tuition
Discount - \$300
Application Deadline: September 1, 2023
\$500 deposit due by: September 10, 2023
- **Somatic Circle Discount** = \$7,600 TOTAL Tuition
Discount - \$300
Application Deadline: September 1, 2023
\$500 deposit due by: September 10, 2023

*Inquire about our “Somatic Circle Discounts” if you have previous certification/enrollment in any of the following: CTBMD, MOC, BMC, LMA/BF, or UNCG-MADE, MSU, MMC and St Mary's MFA, Somatic Academie student/grad, or Dance for Parkinson's Certification.

- **Regular Application** = \$7,900 TOTAL Tuition
Deadline: September 15, 2023
\$500 deposit due by: September 25, 2023
- **Late Application Fees** = +\$100 = \$8,000 TOTAL Tuition
(Applications received after September 15, 2023)
- Extension Fees = If you can't finish the program within 24 months there will be a fee charged to extend your time in the program. Please let us know if you need more time or if a major life event prevents you from being able to finish the program in a timely manner.
- PAUSE Exception = In extenuating circumstances, such as a death in the family or serious illness, etc., it is possible to extend the program, please write to us if you need to “pause” your learning and then “rejoin” the group at a later date. It is possible to “pause” your learning and “resume” at a later date but advanced notice is required in writing.

PAYMENT SCHEDULE

Payment Options:

Early Bird Pay in Full = \$7,500 TOTAL DUE

\$500 Deposit due by = June 25, 2023

\$7,000 remainder due by = July 10, 2023

Payment in Full = \$7,600 TOTAL DUE

\$500 Deposit due by = August 10, 2023

\$7,100 remainder due by = September 10, 2023

Yearly Payments = \$7,900 TOTAL DUE

\$500 Deposit due by = August 10, 2023

\$4,200 due by = September 10, 2023

\$3,200 due by = April 10, 2024

4 Payments = \$7,900 TOTAL DUE

\$500 Deposit due by = August 10, 2023

\$1,850 due by = September 10, 2023

\$1,850 due by = March 10, 2024

\$1,850 due by = September 10, 2024

\$1,850 due by = March 10, 2025

20 Monthly Payments = \$8,400 TOTAL DUE

Pay Deposit of \$500 by August 10, 2023

Pay \$395 on the 15th of each month, every month from October 15, 2023 - May 15, 2025

(Please note there is an administration fee of \$25/month attached to the monthly payment plan option making the total due \$8,400 after all fees.)

Payment Methods:

Zelle to: drmarthaeddy@gmail.com **(our preferred payment option)**

Check to: Martha Eddy mail to: 509 West 122nd Street #14, NY, NY 10027

CC: [Pay DE-SMTT Deposit by CC HERE](#)

Alternate method - Paypal to: drmarthaeddy@gmail.com (not preferred)

IMPORTANT: Please put 1) YOUR NAME, and, 2) "DE-SMTT" in the notes section for ALL FORMS OF PAYMENT so that we can credit the payment to your account. Thank you!

*Inquire with our office about Work-Exchange opportunities. Please note that WEX only covers partial payment. Partial scholarships are also available. Please write to: officeofmarthaeddy@gmail.com if you are interested in WEX or need financial assistance.

*As a DE-SMTT student, you are invited to Dynamic Embodiment and BodyMind Dancing community workshops and events such as the Socially Conscious Somatic Forum (fulfills theory course requirement), and

discounted prices for external workshops and classes. You are encouraged to track all of your hours, even beyond the required hours, as they can support you in future studies and certifications with Dr. Martha Eddy.

CANCELLATION & REFUND POLICY:

Withdraw By October 20, 2023: 100% Refund on Amount Paid (less \$100)

Withdraw October 21 - November 30, 2023: 100% Refund on Amount Paid (less \$1,250)

Withdraw December 1 - December 31, 2023: 100% Refund on Amount Paid (less \$1,645)

Withdraw January 1 - February 20, 2024: 100% Refund on Amount Paid (less \$2,250)

Withdraw February 21 - March 20, 2024: 100% Refund on Amount Paid (less \$2,645)

Withdraw March 21 - April 30, 2024: 100% Refund on Amount Paid (less \$3,735)

Withdraw May 1 - June 30, 2024: 100% Refund on Amount Paid (less \$4,000)

Withdraw July 1 - September 15, 2024: 100% Refund on Amount Paid (less \$4,500)

Withdraw September 16 - November 30, 2024: 100% Refund on Amount Paid (less \$5,500)

Withdraw December 1 - December 31, 2024: 100% Refund on Amount Paid (less \$5,895)

Withdraw January 1 - February 29, 2025: 100% Refund on Amount Paid (less \$6,250)

Withdraw after March 1, 2025: NO REFUNDS

If you withdraw after March 1, 2025, you are eligible for credits on future educational workshops or to pause the program and restart at a later date to complete your certification.

*Please note that all discounts become invalid once you withdraw from the program early and formally request a refund in writing. Your refund will be based on the full program price as listed = \$7,900.

DE-SMTT Training Program, Apply —> [HERE](#).

3. DE-SMTT - A Program Overview

The program has a rhythm of meeting once a month for monthly classes (usually the 3rd Sunday of each month). Monthly classes begin in October 2023. There will also be a series of DE Intensives, each lasting between 2-5 days in length. There are 4 Intensives offered each year, with a longer Intensive offered in the summer. The Intensives are generally: the first weekend of November, a weekend in January, end of March or early April (based on spring breaks) and in summertime.

The 2023 summer intensive will be in Salt Spring, British Columbia, Canada: July 13-17, 2023. Past summer intensives have taken us to: Vancouver and Toronto in Canada, Cork in Ireland, Prague in the Czech Republic, Birmingham in UK, Berlin in Germany, Lago D'Orta in Italy, Great Barrington in Massachusetts, Los Angeles and San Francisco in California, Miami in Florida, New York City in New York, Tokyo in Japan, Perth in Australia, Buenos Aires in Argentina and possibly other cities near you. We base our intensive locations and scheduling on the collective schedule of the students. Our students come from across the globe and we have many different languages and cultures represented in our network. All of our classes are taught in English.

4. DE-SMTT - Our Program In Detail

For a detailed overview of the DE-SMTT Program, please see the **DE Mini Catalog 2023** [HERE](#). Upon acceptance, you will receive the **DE Independent Study Guide** which describes classes, course work, explanation of each of the assignments, learning tips and resources, and preparation for how to go about completing the independent study requirements. You will also be given the **Educational Tracker**, a document to help you track your hours and help you meet your certification and educational goals.

5. Housing

The DE-SMTT program meets around the world and accommodates all international students and those who are unable to travel through HYBRID learning. Housing costs for meeting in-person in intensives are NOT included in the tuition. We encourage people to find housing together and often offer some assistance and guidance to connect one another and give tips.

6. Work Exchange - WEX

We offer a competitive work exchange program (WEX) for partial tuition. Please note that WEX does not cover the full tuition - it is a supplement to tuition. We also offer a few partial scholarships for financial hardship. Please contact officeofmarthaeddy@gmail.com if you are interested in applying for our scholarships or work exchange opportunities.

7. Government Loans

You MIGHT be able to apply for Government loans if you are a matriculated Graduate Student in one of our Affiliated Universities –International University of Professional Studies, State University of New

York – Empire State College Masters of Arts in Liberal Studies, Montclair State University, St Mary's University, Arizona State University, University of North Carolina - Greensboro.

8. Contact Us

All of our classes and workshops can be found in our calendar on: dynamicembodiment.org. Visit <http://drmarthaeddy.com/> to learn more about Martha's work and to purchase her books.

For any administrative or application questions, please contact our office at: officeofmarthaeddy@gmail.com and CC drmarthaeddy@gmail.com.

DE-SMTT FAQ's

- 1. What if I haven't trained with a Registered Somatic Movement Therapist but have significant training in movement, somatics or the body such as: somatic practices, dance, qi gong, martial arts, yoga, breathwork, massage or anatomy?**

IT IS possible that we CAN credit you for some of your previous training. Please note all of your previous training details including: teacher, training dates, school, hours and subject in your application. If possible, include web links or contact information for your teacher.

- 2. What if I haven't taken any of the prerequisite courses?**

You need to have at least 2 of our prerequisite courses complete when you begin the program. The rest you can complete concurrently to the DE-SMTT training. These courses are the foundation to everything you will learn so it is important to take them as soon as you possibly can. We offer these courses regularly throughout the year.

- 3. What if I do not come from a movement or somatics background? Is this the right program for me?**

If you are looking to work therapeutically with the body-mind connection then this could be the right program for you regardless of your previous experience. If you already have a background in somatics or in physical body-mind practices then you might be fast tracked into the program. If you do not yet have experience in somatics or in the physiology of the body-mind connection, then you will be on a longer path towards certification as a Somatic Movement Therapist, but it is possible!

BONUS IF YOU MADE IT THIS FAR....

We offer a FREE BodyMind Dancing class for first timers. Check the website calendar for class details or email: officeofmarthaeddy@gmail.com to register for your free class!

DE-SMTT was founded by Dr. Martha Eddy in 1990.

**Dr. Martha Eddy - Dynamic Embodiment Practitioner, MFLCI, CTBMD, MSMT, Ed.D.,
licensed teacher of BodyMind Centering®**