

DYNAMIC EMBODIMENT INTENSIVE

August 19-23, 2021, Virtual/In-person
OXO NOU Studio, Chania, Crete

\$380 for all DE workshops, \$460 includes BMD classes

All times listed in Eastern European Standard Time (Athens time)

Thursday, August 19

- 9 - 12:30PM: Dynamics of Touch Class PART 1: Learn the qualities of touch for different body systems (Container and Contents) - *\$125 for Part 1 only, \$175 for both*
- 5:30 - 7PM: BodyMind Dancing Class (Body Systems Focus) with Martha - *first class free, 1/\$20, 3/\$50*
- 7:15-8:15PM Home Performance: Somatically Informed Dance & Parkinson's Practice w/Melanie Brierley \$25

Friday, August 20

- 9 - 11:30PM: Dynamics of Touch PART 2 - *\$175 for 2-day package (must attend Part 1 on Thursday)*
- 5 - 6:15PM: Working with Body Image & Movement Persona Workshop - *\$50*

Saturday, August 21

- 9 - 10:15AM: BodyMind Dancing - *first class free, 1/\$20, 3/\$50*
- 10:30 - 12:30PM: Hands on Movement Re-Patterning - *\$75*
- 4 - 6:30PM: *Dynamic Embodiment Class - \$70*
- 6:30 - 8PM: BodyMind Dancing with Body Systems as Support for Psycho-Social Themes - *first class free, 1/\$20, 3/\$50*

Sunday, August 22

- 7 - 8PM: BodyMind Dancing - *first class free, 1/\$20, 3/\$50*

Monday, August 23

- 9:30 - 11AM: BodyMind Dancing - *first class free, 1/\$20, 3/\$50*
- 6 - 7PM: BodyMind Dancing - *first class free, 1/\$20, 3/\$50*



Go to calendar @ dynamicembodiment.org to register.
Contact officeofmarthaeddy@gmail.com with questions.

This intensive is open to the public online via Zoom. Contact us to inquire about the availability of in-person spots. All in-person participants must agree to COVID-19 safety precautions and be vaccinated or show a negative test result.